

Subject: Entries for Essay Writing/ Poster / Slogan

From: Dayanand<dmmkkr2010@rediffmail.com> on Fri, 15 May 2020 15:00:13

To: "seminarciskmv"<seminar.ciskmv@gmail.com>

15 attachment(s) - ANSHIKA_2267520043.pdf (127.24KB), Do(null) (18.15KB), essay_writing_competition_.pdf (14.49MB), imgtopdf_generated_1305201(null) (88.97KB), imgtopdf_generated_1305202250002.pdf (270.83KB), Name-Isha_gupta_Class-Bsc_c.s_2nd_year_Roll_no.-_2267520015.pdf (404.79KB), Poster.pdf (1.10MB), richa_slogan_m(null) (219.42KB), Reinventing_education_through_ICT.pdf (1.57MB), Geetanjali_-_Poster.jpg (133.23KB), Sangeeta_-_Essay.pdf (739.82KB), Sheetal_Suman_-_Essay.pdf (2.61MB), Harshita_-_Poster.jpg (154.70KB), List_of_Participants_for_Ishwar_Chand_College_1_.docx (14.02KB), Suryanshi_-_Poster.jpg (96.80KB)

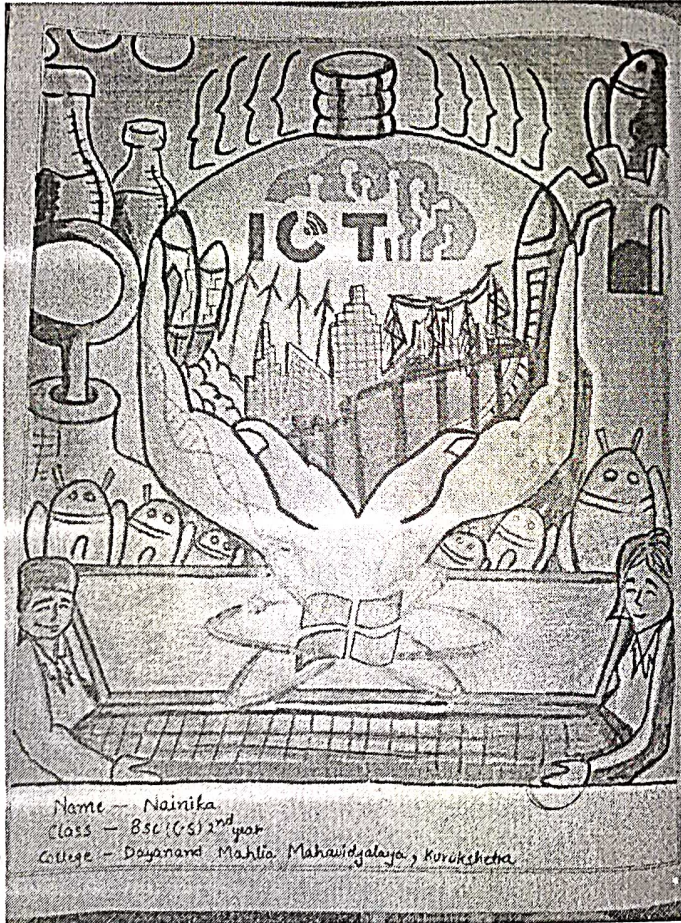
Sir/Madam

Reference your mail please find enclosed the 24 (twenty four) entries from our college (list enclosed).

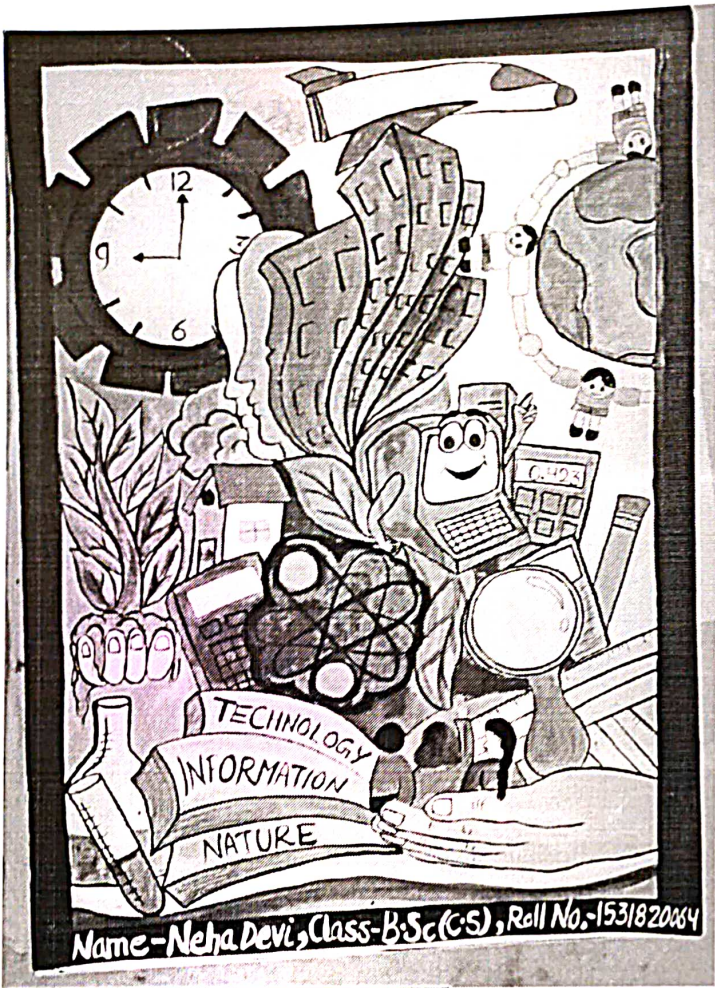
Thanks

From

Dayanand Mahila Mahavidyalaya
Kurukshetra

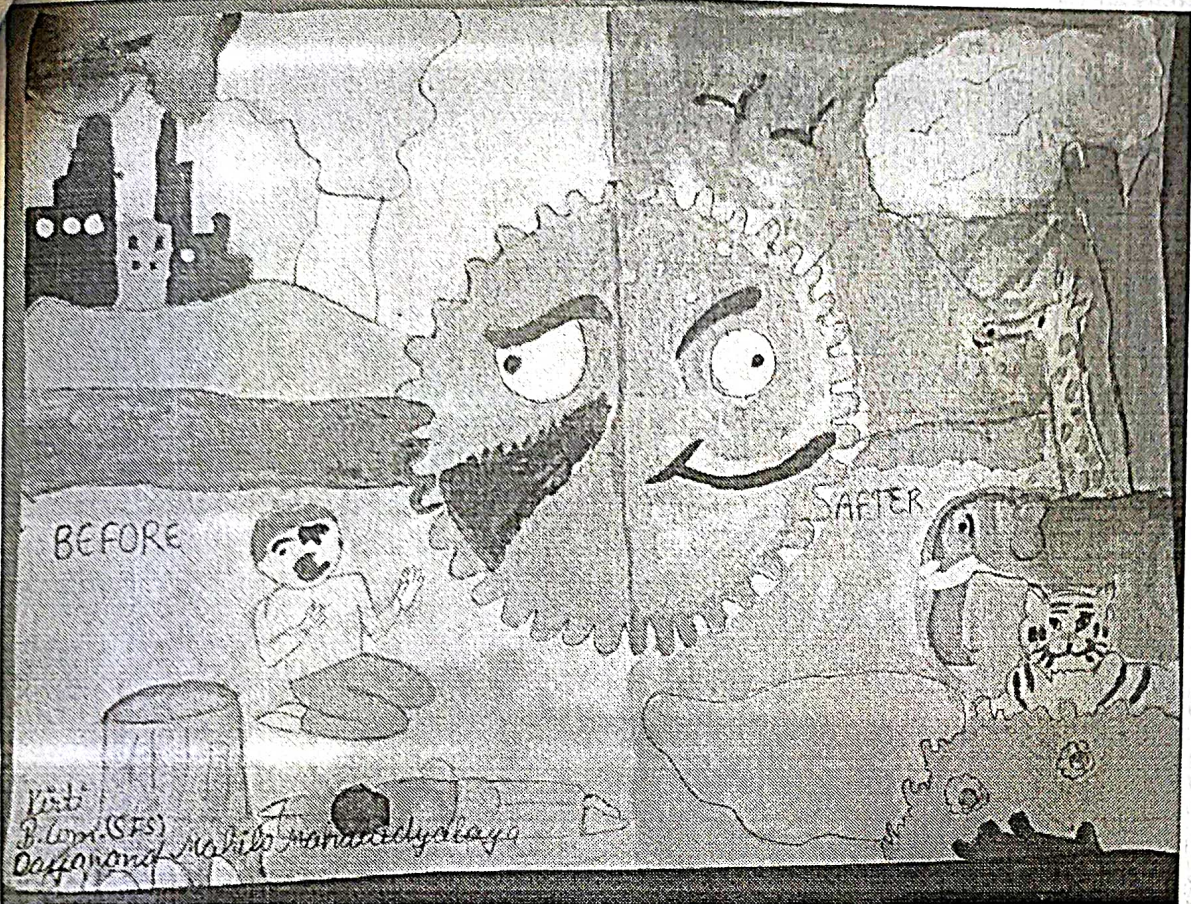


CISKMV
Punjab



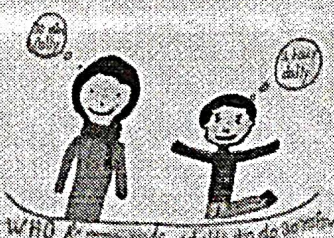
Staying Home Increases The
CHANCES OF SURVIVE BUT
Staying Fit. Guarantees To
Live Fullest Life

www.mastan.com
City: Bhopal
Country: India
Phone: 7055555000
Fax: 7055555000



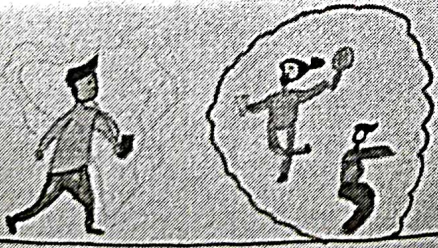
TOPIC → ROLE OF PHYSICAL ACTIVITIES TO COMBAT COVID-19

BE ACTIVE & STAY HEALTHY AT HOME!



WHO recommends adults to do 150 min/week and children 60 min/day to be physically active during these stressful situations.

- 1 WALK UP & DOWN THE STAIRS
- 2 DO SOME STRETCHING EXERCISES
- 3 DANCE TO MUSIC FOR FEW MINUTES
- 4 SEEK MORE IDEAS & RESOURCES



Regular physical activity benefits both body & mind. It reduces blood pressure, manages weight & reduces risk of heart disease, stroke and various cancers — the conditions that cause death in human beings. (Cuffing from 2019)

Balance Diet



&



Covid-19

MIND YOUR HEALTH

Regular Exercise is

Important for your overall
Health.

Good nutrition is very important
before During And After An
Infection.

Made by - RICHAR
class - BSc
Covid-19
Roll no - 22112100
28

LIFE DURING LOCKDOWN

Make Social Distanc



Don't Break the RULES



Cooperate with Medical Staff



Polish Your SKILLS During Lockdown



को - कर्ता है
सो - सोचता है
ना - ना करता है

Yoga for Strong Immunity



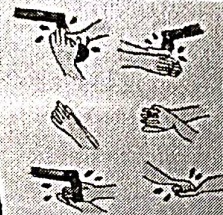
Updated about COVID-19



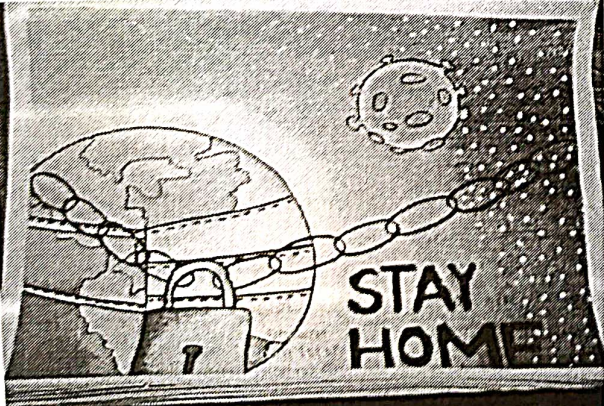
HELP The Poor People To give him food

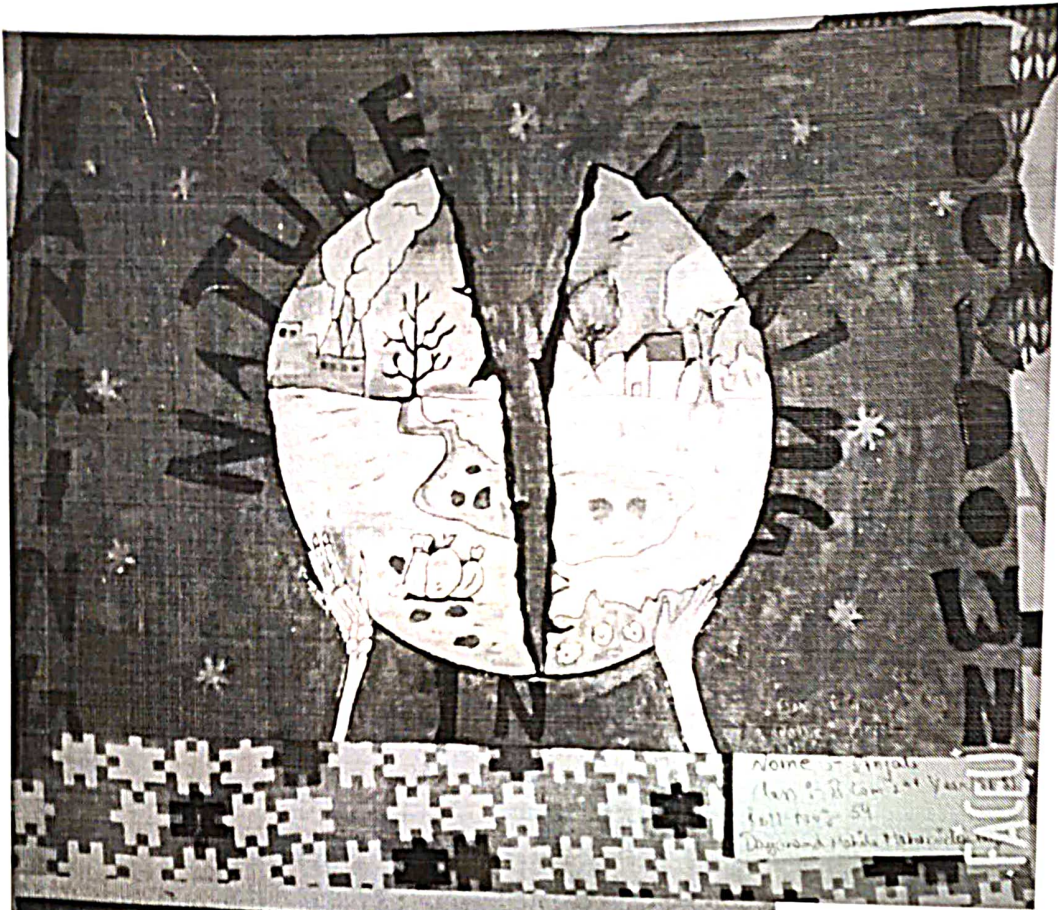


20 Second Handwash



Name -> Tanisha Sharma
B.Com 1st (SFS)
Roll no -> 3270420003
Sayanand Mahila Mahavidyalaya
-8401





Sir/Madam

Please find enclosed the following entries for Slogan Writing/ Poster Making/ Essay Writing Competition from our college.

S.No	Name	Roll No	Class	Name of the Activity
1.	Ms. Sheetal Suman	1531420094	B.A. III	Essay Writing
2.	Ms. Sangeeta	1531420034	B.A. III	Essay Writing
3.	Ms. Suryanshi	3230920011	B.A. I (V)	Poster Making
4.	Ms. Harshita	3148420144	B.A. I (G)	Poster Making
5.	Ms. Geetanjali	3148420078	B.A. I (G)	Poster Making
6.	Nainika	2267520054	B.Sc II(C.S.)	Poster Making
7.	Vaishali Satija	2267320032	B.com II(V)	Essay Writing
8.	Isha Gupta	2267520015	B.sc II (C.S.)	Poster Making
9.	Neha Devi	1531820064	B.sc III (C.S.)	Poster making
10.	Richa	3148620014	B.com I (V)	Slogan Writing
11.	Bhawna	3270420048	B.com II (SFS)	Poster Making
12.	Anshika	2267520043	B.sc II (C.S.)	Poster Making
13.	Parmjeet	2267820029	M.com(F)	Poster Making
14.	Anjali	3270420054	B.com II (SFS)	Poster Making
15.	Richa	2267520038	B.sc II (C.S.)	Slogan Writing
16.	Shilpa Rani	1531620054	B.com III (V)	Poster Making
17.	Kirti	3270420007	B.com II (SFS)	Poster Making
18.	Neeetu	3148620015	B.com I (V)	Poster Making
19.	Amisha	3148520032	B.com I(G)	Poster Making
20.	Sabhya Sirohi	1531820001	B.sc III (C.S.)	Essay Writing
21.	Simrandeep	2267320062	B.com II (V)	Slogan Writing
22.	Tanisha Sharma	3270420003	B.com II (SFS)	Poster Making
23.	Muskan	2267320060	B.com II (V)	Slogan Writing
24.	Sakshi	3148520017	B.com I (G)	Essay Writing

Thanks

From

Dayanand Mahila Mahavidyalaya

Kurukshetra



Ch. Ishwar Singh Kanya Mahavidyalaya, Fatehpur-Pundri (Kathua)

www.ciskmv.com

E-mail: ciskmv1@gmail.com

Department(s): • Physical Education & Sports • Home Science • Computer Science & Applications
Collaboratively Organises

National Level Online Competitions



Prizes:

1st Prize: Rs. 1000
2nd Prize: Rs. 600
3rd Prize: Rs. 300

1. Slogan Writing
2. Poster Making
3. Essay Writing

Last Date of Submission:

May 15, 2020

Online Submission At:

seminar.ciskmv@gmail.com

The Topics of Events:

Physical Education & Sports

1. Role of Physical Activities to combat COVID-19
2. Physical and Psychological challenges during lockdown

Home Science

1. Balanced diet and Covid-19
2. Psychological impact of clothing during lockdown

Computer Science & Application

1. Life Rebooting with Computing
2. Reinventing Education through ICT
3. Internet as a tool or tail

Rules for these competitions are

1. Any UG/PG student can participate in the competition.
Latest college/university ID of student is to be submitted.
2. Essay must be original and not published earlier.
3. A student can send only one entry in respect of a Department.
4. Medium of writing can either be Hindi or English.
5. Entry must be reach latest by 15 May, 2020 mentioning mobile number of participant.
6. Entry/entries must reach latest by May 15, 2020 (5.00 pm).
7. Winners will be given e-certificates & Cash Prize.
8. The decision of the winners by the college will be final.
9. Slogan should not exceed two lines.
10. The size of the poster should be A3.

Patron-in-Chief
Ch. Tejvir Singh

Patron
Dr. Sarojini Sharma

Organising Committee:
Dr. Prem Lata, Dr. Nidhi Vats,

For Any Query :
95692-11288
79880-82272



RESULTS OF POSTER MAKING COMPETITION


Position	Name	Class	College
First	Pawan preet	BA 1 st	PG Govt. College for Girls Sector 42 Chandigarh.
First	Geetanjali Puri	BA 1st	DNMM Kurukshetra
Second	Kunsang Dorjee	B.Ed.II	Govt. College of Education Secor-20 D Chandigarh
Second	Priyanshi	BA	Banasthali Vidyapeeth Jaipur (Rajasthan)
Third	Nandini	B.Com. (F)	Vaish Girls College Samalakha
Third	Shruti Mishra	B.Sc. Maths (Hons.)	Vivekananda College
Consolation	Himanshu	B.Com.III	DAV College Ambala City

RESULTS OF SLOGAN WRITING COMPETITION

Position	Name	Class	College
First	Hema Saini	B.A.1st	C.I.S.K.M.V.Fatehpur Pundri
Second	Garima Kathuria	B.A. (Hons)	Dyal Singh College Karnal
Third	Shuchi Saini	B.Ed.	Lord Krishna College of Education Adhoya
Third	Yashika	B.Ed.	SSR College of Education Kachhwa Karnal
Consolation	Abhay Shankar Tiwari	B.Com.3rd	DAV College (Lahore)Ambala City

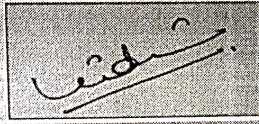
RESULTS OF ESSAY WRITING COMPETITION

Position	Name	Class	College
First	Niharika	B.A. Final	Govt. College For Women Ambala City
Second	Shivanshi Singla	M.Com.Final	Guru Jambheshwar University Hisar
Second	Sheetal Suman	B.A.Final	DNMM Kurukshetra
Third	Sheetal Chaudhary	B.Sc. Final	Govt. College For Women Karnal
Third	Payal Thakur	B.Ed.	Govt. College of Education Sector-20 D Chandigarh
Consolation	Shiwani Devi	M.Com.(F)	CISKMV Fatehpur Pundri



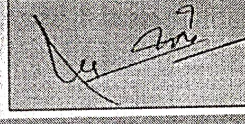
Dr. Prem Lata

Convener



Dr. Nidhi

Co-Convener



Mr. Vinesh Walia

Co-Ordinator

Sarojini

Dr. Sarojini Sharma

Principal

1. Prizes are subject to the presentation of valid ID-Card issued by your college.
2. E-Certificates shall be provided to the position holders and all the participants to their respective mails through which they have submitted their entries.
3. Cash Prizes shall be given through Net banking.
4. All the position holders must send their Bank Name, Bank Account Number and IFSC Code.