

दयानन्द महिला महाविद्यालय, कुरुक्षेत्र
सूचना

दिनांक 28.10.2021

महाविद्यालय की सभी छात्राओं को सूचित किया जाता है कि महाविद्यालय में निम्नलिखित "Add-on-Course" चलाए जा रहे हैं, जिनमें किसी भी संकाय की छात्राएं Admission ले सकती हैं। इससे सम्बन्धित जानकारी व Admission लेने हेतु निम्न प्राध्यापिकाओं से दिनांक 10.11.2021 तक सम्पर्क करें।

Counselling & Psychotherapy	Mrs. Urmila Singh Dr. Urmila Panghal
Fashion Designing	Dr. Shweta Saini
Secretarial Practice	Mrs. Sudha Sethi

प्राचार्या
Principal
Dayanand Mahila Mahavidyalaya
Kurukshetra (Haryana)

श्रीमती उर्मिला सिंह
डॉ० उर्मिला पंगाल
डॉ० श्वेता सैनी
श्रीमती सुधा सेठी

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IQAC
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78

Certificate Course in Counseling and Psychotherapy

Syllabus

Historical Antecedents of Counseling : The mental health movement, developments in mental measurement, developments in vocational guidance. Social service orientation, counseling in the context of educational settings, The rehabilitation legislation; current issues and future trends.

Def. Of counseling, Scope of counseling : The client counselor relationship. the characteristics of an effective counselor. Dimensions of counselor functioning. Some ethical issues in counseling.

Communication in Counseling : Types of Communication patterns in 'Client. combinations of patterns of effective communication, Interpersonal model of counseling; implications.

Role of Therapist :- Therapist as a communication expert; Relationship between therapist and client.

Psychotherapy :- Def., Goal and objectives of Psychotherapy. Types of Psychotherapy. Psychoanalytic therapy, Rogers Non-directive therapy, Family Therapy

Effective interviewing skill :- Attending and influencing skills' Focus Analysis; Confrontations Integrating positive skills' Positive assest search.

Client Assessment :- Introduction, Client constructs; Client's situational context; counselor's construct.

Practicals (Any 5 practicals)

1. Interview method
2. Case History
3. Intelligence list
4. Personality Test
5. Interest Inventory
6. Self-Concept test
7. Attribution style
8. Achievement test

Project Report

Books Recommended

1. Counseling psychology by Vasantha R. Patri
2. Psychology : Counselling and Therapeutic practices by Prof. Ramesh Chandra.

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COURSE OUTCOMES

Name of Programme: Counselling and Psychotherapy (Add On Course)

- CO 1: The course will provide basic knowledge of the concept, need and goals of Psychotherapy and Counselling.
- CO 2: Students get to know the various principles of counselling and ethics to be followed during Psychotherapy and Counselling session.
- CO 3: It imparts basic knowledge regarding different types of Psychotherapies like Behaviour therapy, client centred therapy, yoga and meditation.
- CO 4: It will help students to learn about the special areas of counselling and how to rehabilitate the differently abled persons and drug abusers.
- CO 5: Through conducting practical and preparing case study subjects will learn to assess the behaviour of clients.

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DAYANAND MAHILA MAHAVIDYALYA , KURUKSHETRA

ADD-ON-COURSE (2021-22) in Counselling & Psychotherapy

R NO	CLASS	ROLL NO	NAME	FATHER NAME	COURSE	RECEIPT NO	DATE OF ADMISSION	RELIGION	CASTE
1	BA IST GEN	1212092002001	AAKRITI	VIRENDER VERMA	COUNSELLING & PSYCHOTERAPY	359	12.11.2021	HINDU	BC.A
2	BA IST GEN	1212093002020	REEMA DEVI	DALBIR SINGH	COUNSELLING & PSYCHOTERAPY	361	12.11.2021	HINDU	GEN
3	BA IST GEN	1212092002013	MANISHA SHARMA	RAMAN KUMAR	COUNSELLING & PSYCHOTERAPY	362	13.11.2021	HINDU	GEN
4	BA IIND VOC	120209002007	KALYANI	PARMOD KUMAR	COUNSELLING & PSYCHOTERAPY	786	17.11.2021	HINDU	GEN
5	BA IIND	120209002199	NANDINI	KANWARPAL RANA	COUNSELLING & PSYCHOTERAPY	788	06.12.2021	HINDU	GEN
6	BA IIND	120209002093	HIMANSHI	NARESH KUMAR PRUTHI	COUNSELLING & PSYCHOTERAPY	367	08.12.2021	HINDU	GEN
7	BA IIND GEN	120209002065	PRACHI	AVINASH SHARMA	COUNSELLING & PSYCHOTERAPY	369	20.12.2021	HINDU	GEN
8	BA II ND VOC	120209002025	SRISHTI	PREM NARYAN SHUKLA	COUNSELLING & PSYCHOTERAPY	790	21.12.2021	HINDU	GEN

Note

Students Enrolled 8 for this course.

7 Students Passed Certificate Course in 2021-22

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DAYANAND MAHILA MAHA

Class Autism Course Counseling and Psychotherapy Subject Psychology
 Month April Year 2021-22

Sr. No.	Roll No.	Name	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
	202090005	Sristi										A	A	A	A	A	A	A	A
	93	Himanshi										A	A	A	A	A	A	A	A
	65	Prachi										A	A	A	A	A	A	A	A
	07	Kalyani										A	A	A	A	A	A	A	A
	199	Nandini Singh										A	A	A	A	A	A	A	A
	2021	Ankita										A	A	A	A	A	A	A	A
	2020	Reenu										A	A	A	A	A	A	A	A
	2013	Nehisha										A	A	A	A	A	A	A	A

VIDYALAYA, KURUKSHETRA

Lectures Delivered in the Month 04
 Previous Lecture 46 Total Lectures 50

Sr. No.	Roll No.	Name	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Last Attended	Previous Lect.	Total	Shortage	House Test	Remarks
			A	A	A	A	A	A	A	A	A	A	A	A	A	A						
			A	A	A	A	A	A	A	A	A	A	A	A	A	A						
			A	A	A	A	A	A	A	A	A	A	A	A	A	A						
			A	A	A	A	A	A	A	A	A	A	A	A	A	A						
			A	A	A	A	A	A	A	A	A	A	A	A	A	A						

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DAYANAND MAHILA MAHA

Class Ad. on Course (Certificate Course) Subject Counseling & Psychotherapy
 Month May Year 2021-22

Sr. No.	Roll No.	Name	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
	25	Saisti		A	A	A	P	P	P			P	P	P	P				
	93	Himasha	A		P	P	P	P	P			P	P	P	P				
	65	Prachi		A	P	P	P	P	P			P	P	P	P				
	07	Kalpana		A	P	P	P	P	P			P	P	P	P				
	199	Nandini Singh		A	P	P	P	P	P			P	P	P	P				
	2001	Aakshita		A	P	P	P	P	P			P	P	P	P				
	2020	Reema		A	P	P	P	P	P			P	P	P	P				
	2013	Manisha		A	A	A	A	A	A			A	A	A	A				

VIDYALAKSHI

Lectures Delivered in the Month
 Previous Lecture

18	19	20	21	22	23	24	25	26	27	28	29	30	31
P	P	P			P	P	P						
P	P	P			P	P	P						
P	P	P			P	P	P						
P	P	P			P	P	P						
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P	P	P			P	P	P						

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