

Dayanand Mahila Mahavidyalaya, Kurukshetra

Lesson Plan (Even Semester)

Session 2021-22 (12.04.2022 to 19.07.2022)

Name of Teachee: Dr. Shweta Saini

Subject: Home Science

Week	Date	Class: B.A 3rd(Theory)	Class: B.A 3rd(Practical)	Class: B.A 1st(Practical)	Class:B.A 1st (Theory)
		Semester: 6th sem	Semester:6th sem	Semester:2nd sem	Semester:2nd sem
	12.04.2022	Introduction of Syllabus	Learning of weights and measure	Introduction of Syllabus	Introduction of Syllabus
	13.04.2022	Child Psychology: Definition	Learning of weights and measure	Cleaning of Brass articles	Health and Hygiene: Personal hygiene
	14.04.2022	Dr. B.R. Ambedkar Jayanti/Mahavir Jayanti			
	15.04.2022	Aims Child Psychology	Preparation of Desserts	Cleaning of Brass articles	Definition of Health and factors affecting health
	16.04.2022	Subject matter Child Psychology	Preparation of Desserts	Cleaning of Brass articles	Food habits
	18.04.2022	Objectives of studying Child Psychology	Preparation of Desserts	Polishing of Brass articles	Cleanliness
	19.04.2022	Learning: Meaning, Importance	Preparation of Desserts	Polishing of Brass articles	Exercise
	20.04.2022	Method of learning	Preparation of Desserts	Polishing of Brass articles	Sleep
	21.04.2022	Method of learning	Preparation of Desserts	Cleaning of Copper articles	Revision
	22.04.2022	Method of learning	File Checking	Cleaning of Copper articles	Importance of water
	23.04.2022	Factor affecting learning	File Checking	Cleaning of Copper articles	Impurities present in water
	25.04.2022	Factor affecting learning	Preparation of Baking Snacks	Polishig of Copper articles	Impurities present in water
	26.04.2022	Revision	Preparation of Baking Snacks	Polishig of Copper articles	Sources of contamination of water
	27.04.2022	Intelligence: Definition, Importance	Preparation of Baking Snacks	Polishig of Copper articles	Sources of contamination of water
	28.04.2022	Measurement of intelligence	Preparation of Baking Snacks	File work	Water purification (Household)
	29.04.2022	Measurement of intelligence	Preparation of Baking Snacks	File work	Water purification (Household)
	30.04.2022	Measurement of intelligence	File Checking	File checking	Water purification (natural methods)
	02.05.2022	Revision	Preparation of Frying Snacks	File checking	Water purification (natural methods)
	03.05.2022	Parshuram Jayanti/Id-ul-Fitr			
	04.05.2022	Personality Development: Definitions, Types	Preparation of Frying Snacks	Cleaning of Silver articles	Revision
	05.05.2022	Factors affecting the development of personality	Preparation of Frying Snacks	Cleaning of Silver articles	First aid: meaning

06.05.2022	Factors affecting the development of personality	Preparation of Frying Snacks	Cleaning of Silver articles	Importance of First aid in daily life
07.05.2022	Play: Definition, Features of Child Play	File Checking	Polishing of Silver articles	Importance of First aid in daily life
09.05.2022	Types of play	Preparation of Grilling Snacks	Polishing of Silver articles	Definitions of Infection
10.05.2022	Types of play	Preparation of Grilling Snacks	Polishing of Silver articles	Infective agents
11.05.2022	Difference between work and play	Preparation of Grilling Snacks	Cleaning of Aluminium articles	Period of infectivity
12.05.2022	Importance of play on childhood	Preparation of Grilling Snacks	Cleaning of Aluminium articles	Period of infectivity
13.05.2022	Revision	File Checking	Cleaning of Aluminium articles	Revision
14.05.2022	Test	File Checking	Polishing of Aluminium articles	Test
16.05.2022	Stages of the development introduction	Preparation of Indian Salads	Polishing of Aluminium articles	Types of diseases and their modes of spread
17.05.2022	Stages of the development introduction	Preparation of Indian Salads	Polishing of Aluminium articles	Types of diseases and their modes of spread
18.05.2022	Characteristics of: Infancy	Preparation of Continental Salads	File work	Channels of infection
19.05.2022	Characteristics of: Infancy	Preparation of Continental Salads	File Checking	Channels of infection
20.05.2022	Characteristics of: Childhood	Preparation of Continental Salads	File checking	Disinfectants – Definition
21.05.2022	Characteristics of: Childhood	Preparation of Continental Salads	Cleaning of Steel articles	Types of disinfectants
23.05.2022	Characteristics of: Childhood	Preparation of Packed lunch	Cleaning of Steel articles	Types of disinfectants
24.05.2022	Characteristics of: Childhood	Preparation of Packed lunch	Polishing of Steel articles	Methods of disinfection
25.05.2022	Characteristics of: Adolescence	Preparation of Packed lunch	Polishing of Steel articles	Methods of disinfection
26.05.2022	Characteristics of: Adolescence	File Checking	Cleaning of Leather articles	Malaria
27.05.2022	Characteristics of: Adolescence	Preparation of Picnic lunch	Cleaning of Leather articles	Malaria
28.05.2022	Problem of an adolescent child	Preparation of Picnic lunch	Cleaning of Leather articles	Malaria
30.05.2022	Problem of an adolescent child	Preparation of Picnic lunch	Polishing of Leather articles	Revision
31.05.2022	Problem of an adolescent child	Preparation of Picnic lunch	Polishing of Leather articles	Dengue
01.06.2022	Role of parents and teacher in solving problem of an adolescent child	Preparation of Picnic lunch	Polishing of Leather articles	Dengue
02.06.2022	Maharana Pratap Jayanti			

03.06.2022	Role of parents and teacher in solving problem of an adolescent child	Preparation of Pickle	Cleaning of Wood articles	Dengue
04.06.2022	Revision	Preparation of Pickle	Cleaning of Wood articles	Dengue
06.06.2022	The Expectant mother: Sign of pregnancy	Preparation of Pickle	Polishing of Wood articles	Dysentery
07.06.2022	The Expectant mother: Sign of pregnancy	File Checking	Polishing of Wood articles	Dysentery
08.06.2022	Discomforts of pregnancy	File Checking	Cleaning of Glass articles	Cholera
09.06.2022	Discomforts of pregnancy	Preparation of Chutney	Cleaning of Glass articles	Cholera
10.06.2022	Care of the expectant mother in brief	Preparation of Chutney	Polishing of Glass articles	Typhoid
11.06.2022	Ill effects of an early marriage	Preparation of Chutney	Polishing of Glass articles	Typhoid
13.06.2022	Ill effects of an early marriage	Preparation of Jam	File checking	Chicken pox
14.06.2022	Sant Kabir Jayanti			
15.06.2022	Care of newborn infants- Bathing	Preparation of Jam	Preparation of Wood polish	Chicken pox
16.06.2022	Clothing and hygiene during infancy	Preparation of Jam	Preparation of Leather polish	Measles
17.06.2022	Clothing and hygiene during infancy	Preparation of Squash	Preparation of Interior Decoration articles	Measles
18.06.2022	Feeding of an infant: Breast feeding	Preparation of Squash	Preparation of Interior Decoration articles	Mumps
20.06.2022	Artificial feeding	Preparation of Squash	Preparation of Interior Decoration articles	Mumps
21.06.2022	Breast feeding verses Artificial feeding	Preparation of Morrabba	Preparation of Interior Decoration articles	Mumps
22.06.2022	Breast feeding verses Artificial feeding	Preparation of Morrabba	Preparation of Interior Decoration articles	Leprosy
23.06.2022	Weaning: Meaning, Definition	Preparation of Morrabba	Preparation of Interior Decoration articles	Leprosy
24.06.2022	Importance of Weaning	File Checking	Preparation of Interior Decoration articles	Leprosy
25.06.2022	Methods of weaning	File Checking	Preparation of Interior Decoration articles	AIDS
27.06.2022	Methods of weaning	Preparation of Party dishes	Preparation of Interior Decoration articles	AIDS

	28.06.2022	Cold	Preparation of Party dishes	Preparation of Interior Decoration articles	AIDS
	29.06.2022	Cough	Preparation of Party dishes	File checking	Immunity - Definition
	30.06.2022	Fever	Preparation of Party dishes	File checking	Types of immunity
	01.07.2022	Diarrhea & its types	Preparation of Party dishes	Immunization Schedule	Types of immunity
	02.07.2022	Diet during diarrhea	Preparation of Party dishes	Immunization Schedule	Immunization schedule
	04.07.2022	Constipation & its types	Preparation of Party dishes	Immunization Schedule	Immunization schedule
	05.07.2022	Diet during constipation	Preparation of Party dishes	Immunization Schedule Survey in PHC & Local Hospital	Cancer of Breast
	06.07.2022	Vomiting & its causes	Preparation of Party dishes	Immunization Schedule Survey in PHC & Local Hospital	Cancer of Breast
	07.07.2022	Preventing measures during vomiting	Preparation of Party dishes	First Aid Techniques	Cancer of Breast
	08.07.2022	Prickly heat	File Checking	First Aid Techniques	Cancer of Cervical
	09.07.2022	Allergy	File Checking	First Aid Techniques	Cancer of Cervical
	11.07.2022	Convulsions	Preparation of Microwave Dishes	First Aid Techniques	Cancer of Cervical
	12.07.2022	Revision	Preparation of Microwave Dishes	First Aid Techniques	Revision
	13.07.2022	Revision	Preparation of Microwave Dishes	First Aid Techniques	Revision
	14.07.2022	Revision	Preparation of Microwave Dishes	File work	Revision
	15.07.2022	Revision	Preparation of Microwave Dishes	File work	Revision
	16.07.2022	Revision	File Checking	File checking	Revision
	18.07.2022	Revision	File Checking	File checking	Revision
	19.07.2022	Revision	File Checking	File checking	Revision

Name of Teacher: Ms Upasana

Subject: Clothing and textile

Week	Date	Class B.A.(2nd year) Theory	Class B.A.(2nd year) Practical	Class B.A.(1st year) Practical
		Semester - Fourth	Semester Fourth	Semester Second
	12.04.2022	Introduction	Introduction	Introduction of Syllabus
	13.04.2022	Introduction of traditional textile	Introduction of Types of Measuring Equipments	Cleaning of Brass articles
	14.04.2022	Dr. B.R. Ambedkar Jayanti/Mahavir Jayanti		

15.04.2022	Traditional textile	Taking Body measurements	Cleaning of Brass articles	
16.04.2022	Origin	Taking Body measurements	Cleaning of Brass articles	
18.04.2022	Origin	Taking Body measurements	Polishing of Brass articles	
19.04.2022	Definition of fiber	Taking Body measurements	Polishing of Brass articles	
20.04.2022	Classification of Fiber	Taking Body measurements	Polishing of Brass articles	
21.04.2022	Classification of Fiber	Taking Body measurements	Cleaning of Copper articles	
22.04.2022	Classification of Fiber	File work	Cleaning of Copper articles	
23.04.2022	Revision	File checking	Cleaning of Copper articles	
25.04.2022	Manufacture of Cotton Fiber	Drafting	Polishig of Copper articles	
26.04.2022	Properties of Cotton Fiber	Drafting	Polishig of Copper articles	
27.04.2022	Manufacture of Silk Fiber	Drafting if Child's bodice block	Polishig of Copper articles	
28.04.2022	Manufacture of Silk Fiber	Drafting if Child's bodice block	File work	
29.04.2022	Properties of Silk Fiber	File work	File work	
30.04.2022	Manufacture of Polyester Fibre	File checking	File checking	
02.05.2022	Manufacture of Polyester Fibre	File checking	File checking	
03.05.2022	Parshuram Jayanti/Id-ul-Fitr			
04.05.2022	Manufacture of Polyester Fiber	Drafting if Child's bodice block	Cleaning of Brass articles	
05.05.2022	Properties of Polyester Fiber	Drafting if Child's bodice block	Cleaning of Brass articles	
06.05.2022	Properties of Polyester fiber	Drafting if Child's bodice block	Polishing of Brass articles	
07.05.2022	Manufacture of Rayon fiber	Adaptation to gathered frock	Polishing of Brass articles	
09.05.2022	Manufacture of Rayon fiber	Adaptation to gathered frock	Polishing of Brass articles	
10.05.2022	Properties of Rayon fiber	Adaptation to gathered frock	Cleaning of Copper articles	
11.05.2022	Properties of Rayon fiber	Adaptation to gathered frock	Cleaning of Copper articles	
12.05.2022	Revision	Adaptation to gathered frock	Cleaning of Copper articles	
13.05.2022	Introduction of Soap	Adaptation to gathered frock	Polishig of Copper articles	
14.05.2022	Soap	File work	Polishig of Copper articles	
16.05.2022	Introduction of Detergent starches	File checking	Polishig of Copper articles	
17.05.2022	Detergent starches	Adults Bodice block	File work	

18.05.2022	Detergent starches	Adults Bodice block	File work	
19.05.2022	Introduction of Blues and Bleaches	Adults Bodice block	File checking	
20.05.2022	Blues and Bleaches	Adults Bodice block	File checking	
21.05.2022	Blues and Bleaches	Adults Bodice block	Cleaning of Steel articles	
23.05.2022	Revision	File work	Cleaning of Steel articles	
24.05.2022	Test	File work	Polishing of Steel articles	
25.05.2022	Introduction of Finishes	File checking	Polishing of Steel articles	
26.05.2022	Objectives of Application of finishes	File checking	Cleaning of Leather articles	
27.05.2022	Objectives of Application of finishes	Adaptation of Adult bodice block	Cleaning of Leather articles	
28.05.2022	Types of finishes	Adaptation of Adult bodice block	Cleaning of Leather articles	
30.05.2022	Revision	Adaptation of Adult bodice block	Polishing of Leather articles	
31.05.2022	Calendaring	Adaptation of Adult bodice block	Polishing of Leather articles	
01.06.2022	Bleaching	Adaptation of Adult bodice block	Polishing of Leather articles	
02.06.2022	Maharana Pratap Jayanti			
03.06.2022	Bleaching	Adaptation of Adult bodice block	Cleaning of Wood articles	
04.06.2022	Sizing	Adaptation of Adult bodice block	Cleaning of Wood articles	
06.06.2022	Preshrinking	Adaptation of Adult bodice block	Polishing of Wood articles	
07.06.2022	Preshrinking	Adaptation of Adult bodice block	Polishing of Wood articles	
08.06.2022	Crease resistant	File work	Cleaning of Glass articles	
09.06.2022	Dyeing	File checking	Cleaning of Glass articles	
10.06.2022	Printing	Drafting of Salwar	Polishing of Glass articles	
11.06.2022	Introduction of Basic weave	Drafting of Salwar	Polishing of Glass articles	
13.06.2022	Basic weaves	Drafting of Salwar	File checking	
14.06.2022	Sant Kabir Jayanti			
15.06.2022	Test	Drafting of Salwar	Preparation of Wood polish	
16.06.2022	Plain weaves	Drafting of Salwar	Preparation of Leather polish	
17.06.2022	Variations of Plain weave	Drafting of Salwar	Preparation of Interior Decoration articles	

	18.06.2022	Twill weave	Drafting of Salwar	Preparation of Interior Decoration articles
	20.06.2022	Variation of twill weave	File work	Preparation of Interior Decoration articles
	21.06.2022	Satin weave	File checking	Preparation of Interior Decoration articles
	22.06.2022	Variation of Satin weave	Frock Gathered with sleeves	Preparation of Interior Decoration articles
	23.06.2022	Revision	Frock Gathered with sleeves	Preparation of Interior Decoration articles
	24.06.2022	Test	Frock Gathered with sleeves	Preparation of Interior Decoration articles
	25.06.2022	Laundry and Reagents	Frock Gathered with sleeves	Preparation of Interior Decoration articles
	27.06.2022	Laundry and Reagents	Frock Gathered with sleeves	Preparation of Interior Decoration articles
	28.06.2022	Acid Alkalis solvents	File checking	Preparation of Interior Decoration articles
	29.06.2022	Acid Alkalis solvents	File checking	File checking
	30.06.2022	Acid Alkalis solvents	Stitching of Salwar	File checking
	01.07.2022	Absorbents	Stitching of Salwar	Immunization Schedule
	02.07.2022	Absorbents	Stitching of Salwar	Immunization Schedule
	04.07.2022	Introduction of Satin Removal	Stitching of Salwar	Immunization Schedule
	05.07.2022	Classification of Satin Removal	Stitching of Salwar	Immunization Schedule Survey in PHC & Local Hospital
	06.07.2022	Classification of Satin Removal	File work	Immunization Schedule Survey in PHC & Local Hospital
	07.07.2022	Methods of Satin Removal	File checking	First Aid Techniques
	08.07.2022	Methods of Satin Removal	Stitching of Kameez	First Aid Techniques
	09.07.2022	Revision	Stitching of Kameez	First Aid Techniques
	11.07.2022	Revision	Stitching of Kameez	First Aid Techniques
	12.07.2022	Revision	Stitching of Kameez	First Aid Techniques
	13.07.2022	Test	Stitching of Kameez	First Aid Techniques
	14.07.2022	Test	File work	File work
	15.07.2022	Test	File work	File work
	16.07.2022	Revision	File checking	File checking

	18.07.2022	Test	File checking	File checking
	19.07.2022	Test	File checking	File checking

Name of Teacher: Ms Upasana

Subject: Clothing and textile

Week	Date	Class B.A.(2nd year)	
		Semester - Fourth	
	12.04.2022	Introduction	
	13.04.2022	Introduction of traditional textile	
	14.04.2022	Dr. B.R. Ambedkar Jayanti/Mahavir Jayanti	
	15.04.2022	Traditional textile	
	16.04.2022	Origin	
	18.04.2022	Origin	
	19.04.2022	Definition of fiber	
	20.04.2022	Classification of Fiber	
	21.04.2022	Classification of Fiber	
	22.04.2022	Classification of Fiber	
	23.04.2022	Revision	
	25.04.2022	Manufacture of Cotton Fiber	
	26.04.2022	Properties of Cotton Fiber	
	27.04.2022	Manufacture of Silk Fiber	
	28.04.2022	Manufacture of Silk Fiber	
	29.04.2022	Properties of Silk Fiber	
	30.04.2022	Manufacture of Polyester Fibre	
	02.05.2022	Manufacture of Polyester Fibre	
	03.05.2022	Parshuram Jayanti/Id-ul-Fitr	
	04.05.2022	Manufacture of Polyester Fiber	
	05.05.2022	Properties of Polyester Fiber	
	06.05.2022	Properties of Polyester fiber	
	07.05.2022	Manufacture of Rayon fiber	
	09.05.2022	Manufacture of Rayon fiber	
	10.05.2022	Properties of Rayon fiber	
	11.05.2022	Properties of Rayon fiber	
	12.05.2022	Revision	
	13.05.2022	Introduction of Soap	
	14.05.2022	Soap	
	16.05.2022	Introduction of Detergent starches	
	17.05.2022	Detergent starches	

18.05.2022	Detergent starches	
19.05.2022	Introduction of Blues and Bleaches	
20.05.2022	Blues and Bleaches	
21.05.2022	Blues and Bleaches	
23.05.2022	Revision	
24.05.2022	Test	
25.05.2022	Introduction of Finishes	
26.05.2022	Objectives of Application of finishes	
27.05.2022	Objectives of Application of finishes	
28.05.2022	Types of finishes	
30.05.2022	Revision	
31.05.2022	Calendaring	
01.06.2022	Bleaching	
02.06.2022	Maharana Pratap Jayanti	
03.06.2022	Bleaching	
04.06.2022	Sizing	
06.06.2022	Preshrinking	
07.06.2022	Preshrinking	
08.06.2022	Crease resistant	
09.06.2022	Dyeing	
10.06.2022	Printing	
11.06.2022	Introduction of Basic weave	
13.06.2022	Basic weaves	
14.06.2022	Sant Kabir Jayanti	
15.06.2022	Test	
16.06.2022	Plain weaves	
17.06.2022	Variations of Plain weave	
18.06.2022	Twill weave	
20.06.2022	Variation of twill weave	
21.06.2022	Satin weave	
22.06.2022	Variation of Satin weave	
23.06.2022	Revision	
24.06.2022	Test	
25.06.2022	Laundry and Reagents	
27.06.2022	Laundry and Reagents	
28.06.2022	Acid Alkalis solvents	
29.06.2022	Acid Alkalis solvents	
30.06.2022	Acid Alkalis solvents	
01.07.2022	Absorbents	
02.07.2022	Absorbents	
04.07.2022	Introduction of Satin Removal	

	05.07.2022	Classification of Satin Removal	
	06.07.2022	Classification of Satin Removal	
	07.07.2022	Methods of Satin Removal	
	08.07.2022	Methods of Satin Removal	
	09.07.2022	Revision	
	11.07.2022	Revision	
	12.07.2022	Revision	
	13.07.2022	Test	
	14.07.2022	Test	
	15.07.2022	Test	
	16.07.2022	Revision	
	18.07.2022	Test	
	19.07.2022	Test	